



Capsule MAX BONE-D

Manjistha 500mg

Description :

The main ingredient of Capsule MAX BONE-D is Manjistha (*rubia cordifolia*). The roots of *Rubia cordifolia* are also the source of a medicine used in Ayurveda; this is commonly known in Ayurvedic Sanskrit as Manjistha (or Manjista or Manjishta) and the commercial product in Hindi as Manjith. *Rubia cordifolia* (Rubiaceae) is also known as, Manjishtha, Indian madder known to contain substantial amounts of anthraquinones, especially in the roots which is responsible for anti-tumor, anti-inflammatory, urinary disorders, antistress antimicrobial, hepatoprotective, radio protective, and anticancer, antimicrobial, antifungal, hypotensive, analgesic, antimalarial, antioxidant, antileukemic and mutagenic functions, immunomodulatory, anti-inflammatory and antioxidant activity. The plant contains substantial amounts of anthraquinones, triterpenoids especially in the roots, which is responsible for most of its pharmacological activity. In present study the chloroform fraction from methanolic extract of roots of *R. cordifolia* were evaluated for its biological effect and compared with the parent extract and remaining fraction, where chloroform fraction showed potent protective action for stress induced complications in mice.

Composition : Each capsule contains Refine powder of *Rubia cordifolia* 500mg and other excipients as needed.

Chemistry : Alcian Blue, Absolute alcohol, Carboxy Methyl Cellulose Sodium Salt Disodium hydrogen phosphate, 5,5 – Dithio Bis(2- nitro Benzoic acid), Tris buffer, EDTA, Magnesium Chloride hexahydrate crystals, Phenolphthalein (Research Lab Fine Chem. Industries, Mumbai), Bovine serum albumin (Himedia pvt.Ltd,Mumbai) Folin- Ciocalteu's Phenol reagent (Loba chemicals, Mumbai), Solution of Hydrogen Peroxide (Oswal Pharmaceuticals, Pune), Potassium dihydrogen orthophosphate (Pure chem. laboratories,Pune), Thiobarbituric acid(Spectrochem Pvt. Ltd,Bombay) Tyrosine (Central drug house P Ltd, Bombay) Ranitidine (GlaxoSmithKline Pharmaceuticals Ltd., Mumbai).

Indications & Usage :

- Fracture of bone
- Delay development of bone
- Ureteral stone
- Bleeding
- Herpes
- Puerperal Fever
- Inflammation and swelling due to fracture of bone
- Rickets
- Enteric weakness
- Burn
- Tumor

Adverse effects :

Despite the myriad of health benefits it has, manjistha is not devoid of side effects. It should be avoided during pregnancy. Consuming it can change the colour of urine, perspiration, tears and breast milk.

Contraindications :

Hypersensitivity to *Rubia Cordifolia* Manjistha is a contraindication. In addition, *Rubia Cordifolia* Manjistha should not be used if you have the following conditions:

- Kidney or liver diseases
- Pregnancy

Pregnancy and lactation :

There's not enough data to completely rule out risk for *Rubia cordifolia* during pregnancy (For safety reasons, few studies test these products in human pregnancies).

Rubia cordifolia is generally considered to be safe for nursing mothers. You should be careful to only purchase *Rubia cordifolia* from a reputable manufacturer and only as a single herb preparation.

Dosage & administration :

1-2 Capsules 1-2 times daily or as directed by the registered physicia.

Storage : Keep in a cool, dry place & away from direct sunlight.

Presentation : Each box contains 3x10's Alu-Alu blister pack.

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Manufactured by :

Ergon Pharmaceuticals (Ayu)

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